

# CONFIRMATION PREPARATION

Modified  
RCIC  
Candidate  
Packet

2018  
-2019

YOU WILL  
RECEIVE  
POWER





But now, thus says the LORD, your Creator, O Jacob,  
 And He who formed you, O Israel,  
 “Do not fear for I have redeemed you;  
 I have called you by name; you are Mine!”  
 Isaiah 43:1



## Welcome Confirmation Candidates!

In a special way God is calling you to draw closer to him through the sacrament of Confirmation. We know that each time we receive a sacrament God has a great gift for us—His grace. The grace that God gives enables us to respond to His call and to bear witness to Christ in the world. In the Gospels, the Spirit that descended on Jesus during Baptism descends on the Apostles at Pentecost commissioning them to go forth to proclaim the Word to the ends of the earth. We are already called to this mission by virtue of our Baptism, but at Confirmation we are more perfectly bound to the Church and enriched with a special strength of the Holy Spirit. We are forever marked with a spiritual “seal” as a sign of our total belonging to Christ.

We invite you to continue this journey of faith that begins on the day of your Baptism. The three sacraments –Baptism, Eucharist, and Confirmation- together constitute the “sacraments of Christian initiation,” whereby the newly confirmed become better equipped to carry out the Church’s mission of love and service. *The Catechism of the Catholic Church* emphasizes, “that the reception of the sacrament of Confirmation is necessary for the completion of baptismal grace.” (CCC #1285)

**This packet outlines information specific to preparing for the sacrament of CONFIRMATION. If your student will be receiving other sacraments this year in addition to Confirmation, please be sure to consult the information that was provided at the RCIC Year 2 Parent Meeting that outlined important information for each student’s sacramental prep.**

Our Confirmation Program is designed to lead the Christian toward a more intimate union with Christ, to awaken a sense of belonging to the Church, and to witness as members of the Body of Christ. Together with your parents, we will accompany you through this formation period recognizing that your spiritual journey is a lifelong apprenticeship of worship, prayer, study, stewardship, and virtuous decision-making.

To that end we can summarize the preparation of Confirmation to include three main components: Prayer, Study, and Service.

Prayer	Study	Service
Mass Attendance Rite of Enrollment Retreats	Religious Education Classes Jason Evert Event Confirmation Paperwork	Parish Service Project
Pages 3 - 4	Pages 5 - 6	Page 7

# PRAYER

St. Alphonsus Liguori doesn't mince words when he talks about the necessity of prayer, *"Those who pray are certainly saved; those who do not pray are certainly damned."*

The sacrament of Confirmation is a gateway to a deep and lifelong personal relationship with our Savior. As with any relationship, closeness and intimacy must be cultivated. Preparation for Confirmation includes opportunities to commit to and open one's heart to that relationship through:

- ➔ Daily prayer
- ➔ Attending Mass
- ➔ the Rite of Enrollment Mass
- ➔ Participation in Retreat(s)

## *Mass Attendance*

Students are expected to attend Mass every Sunday (or Saturday evening) and on Holy Days of Obligation (the first Precept—or minimum requirement—of the Church).

### *Why is it important to attend mass weekly?*

Participating in the Eucharistic life of the community is both a privilege and an obligation of all baptized Catholics. In fact, intentionally keeping oneself away from the Mass may be a situation of grave sin. When we worship as a community, we build up the Body of Christ because we are 'being the Body of Christ'. The following excerpts from the *Catechism of the Catholic Church* (CCC) are offered to help the candidate deepen his/her understanding of why the Eucharistic celebration is the source and summit of the Christian life. **More about communion:** CCC 1384-1387. **More about the Sunday obligation:** CCC 2180-2182.

### *Parents, your teen needs you...*

Attending mass together is a powerful way that parents demonstrate to their children the importance that they place on obedience to Christ's commands. If a parent wants their teen to know the beauty of the Eucharist and the significance of participation in a community of faith, that behavior must be modeled in a sincere way.

Included at the end of the Confirmation Booklet is a mass log. Parents, please keep this log to keep track of your family's mass attendance. Work hard as a family this year to make mass a priority. In the time leading up to Sunday, plan for how to work around scheduling difficulties. After mass, discuss the readings and/or homily together. Make mass an intentional moment of worship in your family's week. Your teen will notice.

# Rite of Enrollment

Candidates are expected to attend the Rite of Enrollment Mass on Sunday, Oct 21, 2018.

## What is the Rite of Enrollment?

The Rite of Enrollment is a ceremony in which the Candidates make their official commitment to enter into preparations for the sacrament of Confirmation. This usually takes place at a Sunday Mass in the presence of the parish community who, as well, pledge their support of prayer, encouragement, and Christian example.



**Rite of Enrollment Mass will be on  
Sunday, October 21, 2018, 5pm Mass**

Candidates should plan to dress appropriately, arrive by 4:45pm, and sit together in the designated section.

# Retreats

Candidates are expected to attend certain retreat(s) depending on his/her grade level and the sacraments he/she will receive this year. See below:

## 8<sup>th</sup> GRADERS

Must attend both the Fall and Spring 8<sup>th</sup> grade Retreats. Outlined below.  
*If you are also receiving First Communion you will also need to attend the RCIC Sacrament Retreat, see next page for info on RCIC retreat.*

## What are the Fall and Spring Confirmation Retreats?

This year we will have two Confirmation retreats conducted by exceptional retreat masters. In October, the National Evangelization Team (NET) will challenge our youth to love Christ and embrace the life of the Church through their inspirational presentation, small group discussions, music, prayer, and Mass. In April, candidates will participate in a weekend long retreat conducted by the Franciscan Friars of the Renewal. You will receive further information about the weekend retreat at a parent meeting in February.

### Fall Retreat



**Our NET retreat will be  
Friday, October 26, 2018  
from 5pm-9:30pm in the Parish Center**  
*Measurement for Confirmation gowns will also take place during this window of time.*

### Spring Retreat



**Our overnight weekend retreat will be  
Friday April 5 – Sunday April 7, 2019  
At Sandy Hill Camp (transportation provided)**  
*We will hold a mandatory parent meeting to go over details about this trip on  Feb 21, 2019.*

## HIGH SCHOOLERS

Must attend either the Fall or Spring high school retreats. Outlined below. *If you are also receiving First Communion you will also need to attend the RCIC Sacrament Retreat, see next page for info on RCIC retreat.*

### *What are the Fall and Spring High School Retreats?*

This year we will have two high school retreats. In October, the National Evangelization Team (NET) will challenge our youth to love Christ and embrace the life of the Church through their inspirational presentation, small group discussions, music, and prayer. In May, our high schoolers will attend an off-site overnight retreat. Details will be announced about spring retreat as we get closet to March.

#### *Fall Retreat*



**Our NET retreat will be  
Saturday, October 27, 2018  
from 8:30am-9:30pm in the Parish Center**  
*Includes a trip to Sharps Farm for hayride, bonfire,  
and corn maze. Sign up at [www.setonym.org](http://www.setonym.org)*

#### *Spring Retreat*



**Our overnight weekend retreat will be  
Friday Mar 22 – Sunday Mar 24, 2019  
At Camp Wabana (transportation provided)**  
*More information to come on [www.setonym.org](http://www.setonym.org).*



If your candidate is also receiving  
**FIRST COMMUNION:**

#### *RCIC Sacramental Retreat*

The goal of this retreat is to familiarize our candidates with the sacraments of First Communion and Reconciliation as they prepare to participate in these sacraments for the first time. We will have rotations that allow students to dive into deeper understanding as well as experience hands-on practice for the sacraments.

#### *RCIC Sacrament Retreat*



**Our Sacrament retreat will be  
Saturday, March 16, 2019  
from 9:45am-12:30pm in the Parish Center**  
*This retreat is only for Year 2 candidates who have  
not yet received the sacrament of First Communion.*

# STUDY

*“How is it, then, that I seek you, Lord? Since in seeking you, my God, I seek a happy life, let me seek you so that my soul may live, for my body draws life from my soul and my soul draws life from you.”*

St. Augustine

In seeking to know God through the teachings of the Church it is this life giving love that the human heart so desires. Preparation for Confirmation includes many aspects of study to grow in faith and love of God.

- Faithful participation in Religious Education classes
- Attend Jason Evert event on Dec 13<sup>th</sup>, time TBA
- Completion of the Confirmation paperwork

## *Faith Formation Classes*

Candidates are expected to regularly attend Faith Formation classes.

*Archdiocesan attendance standard is at least 85% attendance.*

(Catholic school students fulfill this expectation through their school’s religion class.)

### *What do I need to know?*

Students are expected to be prepared for classes, including arriving on time and staying for the entire session. This also includes completing any assigned readings or homework. Candidates are expected to complete all at-home and make-up work assigned. Attendance is important in preparing the candidates for reception of the sacrament. When a class is missed, the candidate loses time for fellowship and prayer as well as the educational material covered that day. We expect that you will make these gatherings a priority and therefore make a sincere effort to adjust your other obligations accordingly.

### *What to do if you miss a class:*

1. If you know your student will miss class please contact our Faith Formation secretary ahead of time: Juliana at 301-444-3496 or by email at [reled@mothersetonparish.org](mailto:reled@mothersetonparish.org). If the date has passed that you missed class, please do the same so we can acknowledge the reason for the absence.
2. **Makeup the work.** Your student will receive a handout for each lesson. Please work through these pages with them for any lessons he/she misses.
3. Please keep in mind the **Attendance Policy for Religious Education for the Archdiocese of Washington D.C. is 80%**. In keeping with that policy, if a child has more than 5 absences from faith formation parents will be called for a conference with the Director of Faith Formation and the Pastor to discuss future participation in the program. See Parent Handbook for more.

**JASON EVERT:** Jason Evert will be here to speak to students about love and purity on December 13<sup>th</sup>. All middle and high school students are expected to attend. The event is in the church and the time is TBA.

# Confirmation Paperwork

Candidates are expected to complete and turn in their completed paperwork by March 25-27, 2019.

## *What is the Confirmation Paperwork?*

The Confirmation Paperwork is the color pages found at the end of this guide. The paperwork consists of both necessary forms and personal formation activities. Somethings you will find in the Confirmation booklet are:

- ➡ Candidate Information Form (a summary of information about the candidate)
- ➡ Sponsor Information Form (see pages 14-15)
- ➡ Service Reflection Pages (see page 22)

# SERVICE

*In following the example of Christ, we are called to love, to serve, and to build up the Church for “the well-being of humanity and [to] the needs of the world.”*

St. John Paul II

If we are to prepare candidates for a life of discipleship to Christ Jesus, we must promote an awareness of the importance of and vital need for performing service to others. Throughout Scripture we are called to love our neighbor and stand up for justice and peace. Serving others is not something we do “to get it over with”. It is something we do because we recognize the presence of Jesus in all persons and in all of God’s creation. You shall love the Lord, your God, with all your heart, with all your being, with all your strength, and with all your mind, and your neighbor as yourself. He replied to him, ‘You have answered correctly; do this and you will live.’” -- (Luke 10: 27-28)

Jesus Christ is ushering in the Kingdom of God here on Earth, right now, and we each have an important stake in this work. All practicing Catholics should be engaged in their parish to offer their time and talents to God to be used for helping build up the church and those she serves, as well as the greater community in which they live.

## *Service Project*

Candidates are asked to find one way to serve within the parish this year, preferably in a way that they may want to continue to serve in years to come.

The goal of the service project is to give candidates the opportunity to personally respond to “the least of these brothers of mine” (Matthew 25:40) in imitation of Christ and the saints whose names are often taken in Confirmation. Suggestions for possible service opportunities are included in this packet. This is not an exhaustive list; other opportunities may become available throughout the year. Candidates will complete the service reflection sheet for the project for which they have served.

*See page 18 for more information.*



# Confirmation Prep CHECKLIST



<b>YELLOW PAGES</b>	
<b>DUE</b> <b>OCTOBER</b> <b>22-24</b>	<input type="checkbox"/> Registration Form (yellow pages)
	<input type="checkbox"/> Copy of Baptismal Certificate (unless baptized at Mother Seton)
	<input type="checkbox"/> Pledge of Commitment (yellow pages)
	<input type="checkbox"/> Registration Fee of \$185.00 (extended deadline to Dec 2018)
<b>CONFIRMATION PACKET (including...)</b>	
<b>DUE</b> <b>MARCH</b> <b>25-27</b>	<input type="checkbox"/> Candidate Information Form (including Saint Name)
	<input type="checkbox"/> Service Project Reflection Sheet
	<b>PLUS:</b>
	<input type="checkbox"/> Sponsor Form (completed and returned by <i>sponsor</i> )

# Registration Form

Reception of the sacrament of Confirmation at Mother Seton Catholic Church 2019

**RCIC**

## Candidate Info

**FULL NAME**

(First Middle Last) as it appears on your Baptismal Certificate:

\_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_

Place of Birth \_\_\_\_\_

Where was candidate **BAPTIZED?** (*attach bapt. certificate copy*)  
(or, write N/A if student has not been baptized)

Church Name \_\_\_\_\_

Church address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Country \_\_\_\_\_ Date of Baptism \_\_\_\_\_

Where did candidate received **FIRST EUCHARIST?**  
(or, write N/A if student has not receive Communion)

Church Name \_\_\_\_\_

## Parental Info

**MOTHER** Full Name (First Middle Last)

\_\_\_\_\_

Mother's Maiden Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

**FATHER** Full Name (First Middle Last)

\_\_\_\_\_

Complete only if different from Mother's:


Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

FOR OFFICE USE

 **Due Date: October 22-24, 2018** Please complete and return this Registration Form along with a copy of the candidate's Baptismal Certificate and fee of \$185.00 (if you did not already pay the fee when registering) to the Faith Formation Office, Mother Seton Parish, 19951 Father Hurley Blvd, Germantown, MD 20874.

Fee Enclosed (\$185)

Check # \_\_\_\_\_

Date Rec'd \_\_\_\_\_

# Pledge of Commitment

RCIC

*For Candidate to Complete*

Understanding that I am in the decision making process about whether or not to celebrate the sacrament of Confirmation I do choose to commit myself to the Confirmation Program at Mother Seton Parish. In doing so,

*(initial each promise)*

- \_\_\_\_\_ I promise to attend each session and participate in the activities, discussions and assignments.
- \_\_\_\_\_ I promise to attend Mass on Sundays and on Holy Days.
- \_\_\_\_\_ I promise to participate in the worship, service, and social events of my parish.
- \_\_\_\_\_ I promise to pray daily for guidance of the Holy Spirit in preparation for Confirmation.
- \_\_\_\_\_ I promise to develop my personal morality based on the will of God expressed through the teachings of the church, scriptures, and the commandments, and celebrate frequently the Sacrament of Reconciliation *(if candidate has received the Sacrament of Reconciliation already.)*
- \_\_\_\_\_ I promise to use my talents in the service of others especially as outlined in the service requirements of the program.
- \_\_\_\_\_ I promise to attend and participate in the necessary retreat(s).

**CANDIDATE NAME:** \_\_\_\_\_

\_\_\_\_\_  
Candidate *Signature*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date



**Due Date: October 22-24, 2018**

(along with registration form, copy of baptismal certificate, and fee.)

The Pledge of Commitment must be returned to the Faith Formation Office,  
Mother Seton Catholic Church, 19951 Father Hurley Blvd. Germantown, MD 20874.

# Candidate Information Form

RCIC

**Complete and return along with the entire completed Confirmation Booklet by March 25-27, 2018.**

Candidate Name: \_\_\_\_\_

Address: \_\_\_\_\_

School: \_\_\_\_\_

## Confirmation Name

Saint's name chosen for Confirmation: \_\_\_\_\_

Canonization Date of your Saint: \_\_\_\_\_

**(The Bishop will confirm you with this name!** Make sure your spelling is correct. For more information on choosing a saint, see "Choosing a Confirmation Name" on pages 12-13.)

## Sponsor Information

Sponsor Requirements:

- Sponsors must be at least sixteen years old.
- Must be baptized, received First Holy Communion, confirmed and in good standing with the Catholic Church
- Must be a practicing Catholic – participating in Mass and the sacraments each week.
- Must be willing to support the person to be confirmed in their commitment to Christian Life
- Cannot be a parent
- All Sponsors, including Mother Seton parishioners, must obtain a Certificate of Eligibility from the parish in which they are registered.

Sponsor Name: \_\_\_\_\_

Sponsor Address: \_\_\_\_\_

Sponsor Parish: \_\_\_\_\_

Address of Parish: \_\_\_\_\_

Parent Signature \_\_\_\_\_

**Due Date: March 25-27, 2018**

# Choosing a Confirmation Name

## IN SHORT

You will choose a Confirmation saint who will become your heavenly Patron and whose name will be used in your Confirmation. Once you have chosen your Confirmation name, note the name on page 13.

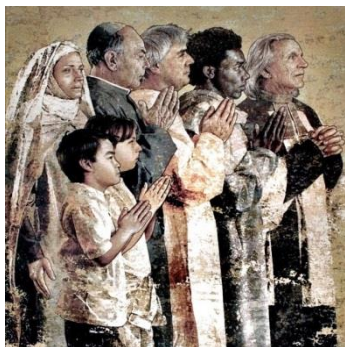


*“I have called you by name; you are Mine”*

*Isaiah 43:1*



Your name was spoken aloud on the day of your Baptism and it became part of your identity as God’s child and a member of the Catholic Church. A great deal of thought went into your parents’ choice in naming you. You may be named after a relative, a special family friend, or a saint your parents greatly admire. Now that you are becoming confirmed, you have the opportunity to think in a new way about your name and how it relates to your decision to be confirmed.



In both the Old and New Testament, when God had a **new mission** for someone, He often gave them a **new name**. Even without a new name, your name has always told others who you are. God calls on each of us to fulfill a special mission. It may be witnessing to non-believers about Jesus Christ, helping the poor, being a peacemaker, entering a religious vocation, or one of many other callings. Confirmation may be the continuation of a mission direction you began at Baptism or the beginning of a new mission. Our missions may be expressed in different ways; therefore there are two options when deciding on a Confirmation name:

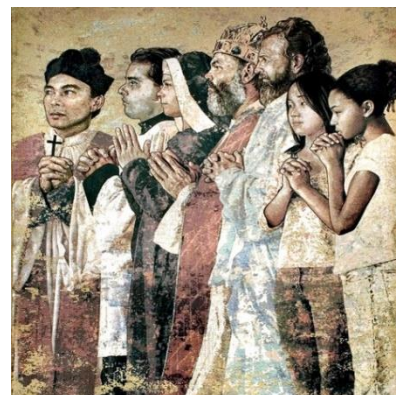
**First Option** - Because Confirmation is the strengthening of the work that God began in your life at your Baptism, you may consider using your Baptismal name (your “first name” that your parents gave you) for Confirmation. This shows the integral link between Baptism and Confirmation (note: this applies only if your Baptismal name was a Saint’s name.)

**Second Option** – Perhaps you see Confirmation as the beginning of a new phase of mission for you and a fresh beginning in your faith journey. Then you may choose a new name for Confirmation. Your Confirmation name should be that of a saint you admire or the saint name of someone you know and look up to as a Christian role-model

## Frequently Asked Questions

Do I have to choose a saint that is the same gender as I am? No, you can choose a male saint or a female saint regardless of your own gender.

What if I can’t find the canonization date for the saint I’ve chosen? The saint you choose must be a Canonized Saint in the Roman Rite. Some saints will have “pre-congregation” listed instead of a canonization date. This means that the saint was recognized as a Catholic saint before the Church developed her current model for canonization. In this case, write “pre-congregation” as the canonization date. If you cannot find this date for your saint please contact us for guidance.



## Helpful Hints



**First...PRAY!** Just as you should pray about any decision, ask the Holy Spirit to guide you as you choose a saint. Ask: Where should I begin to choose a Confirmation name?  
*"For everyone who asks, receives; and he who seeks, finds; and to him who knocks, it will be opened."* Luke 11:10


Remember, your Confirmation name is the

1. **name of a saint** and should
2. **reflect your closer identification as a member of the Catholic Christian community.**

So, you can choose...


... to use your given baptismal name (if it is the name of a saint.)

... a new name. Whose holiness would you like to strive to emulate?



The name you select can be associated with someone in your life, your family, your parish, or your community whom you respect and admire.

The name you select can be a saint you have researched and feel a connection to based on his/her patronage, qualities, and/or life story.



Some Confirmation candidates select a name from a parent or grandparent, honoring them for their example of love and holiness.

Some candidates select the name of their Confirmation sponsor, or the saint their sponsor chose when he/she was confirmed.

There are a variety of books depicting the lives of the saints and a book is a great place to start! Check the library or borrow one of ours!

Research the saints online! A list of websites that can help can be found below. Remember to be mindful of using reputable sources.

## Sites for Research

[www.catholicsaints.info](http://www.catholicsaints.info)  
[www.catholic.org/saints](http://www.catholic.org/saints)

[www.americancatholic.org/features/saints/patrons.asp](http://www.americancatholic.org/features/saints/patrons.asp)  
[www.Catholic-forum.com/indexsnt.htm](http://www.Catholic-forum.com/indexsnt.htm)

## Once you have chosen your Confirmation Saint

- **Mark Your Saint Name on page 11** to indicate your choice.
- **Spend time in prayer with your Saint.** Your confirmation saint is your heavenly sponsor; so just like your earthly sponsor, your saint should play a role in your preparation. Ask him/her for guidance and to intercede for you. You may also seek out more information about your saint, like an autobiography or a specific prayer associated with him/her. Come to know that saint as if s/he were an old friend.

# Choosing a Sponsor

## IN SHORT

You will choose a qualified sponsor with whom you should meet regularly as part of your prep to discuss your faith and receive support as you prepare. Your sponsor will complete a form to verify they meet qualifications.



*Insofar as possible, there is to be a sponsor for the person to be confirmed; the sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.*

Code of Canon Law 892



## What does the sponsor do?

This person is a representative of the whole Church into which the candidate is being confirmed, serves as a witness for the Church, and companions the candidate on his/her faith journey. Your sponsor will bring you forward to receive the sacrament, present you to the Bishop for anointing, and will later help you to fulfill your baptismal promises faithfully through the Holy Spirit whom you have received.

Thus, it is recommended that the sponsor be able to meet regularly with you, spend time building a bond, help you prepare for the sacrament through prayer, study, service and discussion and be in physical attendance at rehearsal and the confirmation liturgy. Arrange some time to spend with your sponsor to discuss your faith—a special time during a family event, a hike or walk, a phone conversation, a ball game, lunch, etc.

## What are the qualifications of a sponsor?

The confirmation sponsor must be a baptized, confirmed, practicing Roman Catholic and should be a person who can serve as a strong role-model of an active, Spirit-filled Catholic. Pastors are charged with the responsibility of seeing that the sponsors of our candidates are of adequate maturity and Catholic formation to take on this responsibility.

A sponsor must be:

- ➔ of sufficient maturity to fulfill this role (at least 16 years old)
- ➔ a practicing Roman Catholic who has been baptized, confirmed and received the sacrament of First Holy Communion. He/She should participate in the celebration of the Eucharist each week
- ➔ fulfilling their own baptismal promises by living the Christian life of faith and morals, guided by the teachings of the Catholic Church
- ➔ be in good standing with the church and not prohibited by [church] law from exercising the role of sponsor (ex. irregular marriage)
- ➔ not be a parent of the Confirmation candidate

The form your sponsor will fill out will ask him/her to review and check off these qualifications. The form is included at the end of this packet.

### TIP #1

Your sponsor should be someone who, through his/her example, shows you what it means to be Catholic.

### TIP #2

Your sponsor should be someone that you trust and feel comfortable turning to for help, advice and guidance, especially in regard to your spiritual life.

### TIP #3

Your sponsor is *your* choice. Think of someone that you respect and who actively lives out the beliefs of our Catholic faith—someone with a relationship with Christ that you would hope to learn from.

### TIP #4

Your sponsor should be willing and able to take an *active role* in your preparation for Confirmation.

### TIP #5

It is recommended (though not required) that the sponsor be a baptismal godparent of the confirmation candidate. This most fully expresses the integral connection between Baptism and Confirmation. Would your godparent be a fitting choice?

### TIP #6

After you receive the Sacrament of Confirmation your relationship with your sponsor *does not end!* You both are called to lead each other closer to God, to continue to grow in knowledge of your faith, and to challenge one another to lead lives of holiness and service.

### TIP #7

**PRAY!** Spend some time asking God for guidance on who to choose as your sponsor.

## Frequently Asked Questions

- ➔ Can I have more than one sponsor? No, there is one sponsor for each person confirmed.
- ➔ What if my sponsor cannot make it to Confirmation? Attendance by proxy is allowed in certain situations, such as the sponsor living out-of-town and being unable to travel to the celebration. Requests for proxy should be directed to the parish Director of Religious Education.

## Once you have chosen your Sponsor

Once you know who you would like to have as your Confirmation Sponsor, find a personal time to ask him or her. If he/she says yes, be sure to:

- ➔ Give them the **Sponsor Form** (found on page 19 and on our website, due by March 25, 2019.)
- ➔ Tell them the **DATE and TIME for Confirmation**: Saturday, May 18, 2019 at 11am. Also let them know about our second **Confirmation Rehearsal**, which sponsors should attend: May 15<sup>th</sup>, 7pm.
- ➔ Schedule time when you can **start meeting together**. The next page features some questions you can use as starting points to discuss your faith.



# Student & Sponsor Faith Sharing

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Arrange some time to spend with your sponsor—a special time during a family event, walk, phone conversation, ball game, lunch, etc. Here are some questions you can discuss together:

What does being a sponsor mean to you?

Were you raised a Catholic or are you a convert to the Catholic Faith?

What is it about the Catholic faith that is most important to you?

If you are a convert, what made you decide to become a Catholic?

How were you involved in your church when you were a teenager?

What faith experiences have meant the most to you in your life?

When do you pray?

What does prayer mean to you?

How will you try to grow in your prayer life? (Be specific, but realistic. Don't try to do too much then give up.

Read over the Creed together. Why are these beliefs important to you?

What name did you (sponsor) choose for Confirmation?

Why did you choose that saint?

Since that is your personal patron saint, do you (sponsor) ever pray to them to intercede for you?

Who was a model of faith for you in your life and why?

When has it been difficult for you to live your faith?

What does it mean to give witness of your Christian faith to family members, friends, or to the community? How do you do this?

We sometimes speak of four ACTS of prayer.

<b>A</b>	Adoration or love	We express our love for God.
<b>C</b>	Contrition or sorrow	We express sorrow for our sins and ask forgiveness.
<b>T</b>	Thanksgiving	We thank God for His many blessings.
<b>S</b>	Supplication or response	We ask for His help and guidance.

A healthy prayer life includes all these approaches. Examine your prayer life. What approach do you use most often? Least often?

The prayer given to us by Jesus is the *Our Father*, the Lord's Prayer. It is a prayer of love and unity, of sorrow for sin, and of gratitude for God's mercy. Write the Lord's Prayer and after each phrase pause and think about and discuss the meaning.

Pray the Our Father together.

# Sponsor Eligibility Form

Mother Seton Parish Confirmation, 2019

CANDIDATE'S FULL NAME		CANDIDATE'S DATE OF BIRTH	
SPONSOR'S FULL NAME		SPONSOR'S PHONE #	
SPONSOR'S ADDRESS (Street, City, State, Zip)			
RELATIONSHIP TO CANDIDATE		NAME OF SPONSOR'S PARISH	
SPONSOR'S PARISH CITY + STATE		NAME OF SPONSOR'S PARISH PASTOR	

Any child or adult seeking Confirmation needs a **SPONSOR**. In baptism Sponsors are often called "Godparents". In Confirmation they are often called Sponsors. **PARENTS ARE NOT ELIGIBLE TO BE SPONSORS FOR THEIR OWN CHILDREN**. A Sponsor is someone of strong faith in the Catholic tradition. S/he must be willing to make a commitment to the candidate for a sacrament, and guide that candidate in the area of spirituality. **A Sponsor must be at least 16 years old, and must be baptized, received First Holy Communion and confirmed in the Catholic Church, if married, the marriage must be recognized by the Catholic Church and the sponsor must be in right relationship with the Catholic Church.** This means that the Sponsor is registered in a parish, attends Mass and receives the sacraments regularly, and is able to share his/her faith openly and honestly with the candidate. A Sponsor does not have to be a member of this parish, or live in the local area. The Sponsor should be present at the Confirmation, but if this is not possible, a proxy may "stand in" for the Sponsor. If the Sponsor is not a registered member of this parish, his/her pastor must sign this form before it is returned to our office. **A CANDIDATE CAN NOT CELEBRATE THE SACRAMENT IN OUR PARISH WITHOUT THIS FORM COMPLETED.** This means that the form **MUST BE SIGNED AND SEALED BY THE SPONSOR'S PARISH.**

**I AFFIRM THAT, BY MY SIGNATURE, I AM ATTESTING TO THE TRUTH OF ALL THESE STATEMENTS.**

Sponsor \_\_\_\_\_ /  
Signature

Date



**PASTOR'S ATTESTATION:**

**I DECLARE THAT THE ABOVE NAMED SPONSOR IS A BAPTIZED AND CONFIRMED CATHOLIC, AT LEAST SIXTEEN YEARS OLD, IN RIGHT RELATIONSHIP WITH THE CHURCH, THEIR MARRIAGE IS VALID IN THE CATHOLIC CHURCH AND IS A REGISTERED MEMBER OF THE ABOVE NAMED PARISH.**

Pastor \_\_\_\_\_ /  
Signature

Date



**DUE: MARCH 25, 2019. PLEASE RETURN TO MSP FAITH FORMATION OFFICE**

# Corporal Works of Mercy Service Projects

## IN SHORT

Following the example of Christ we are called to love, to serve, and to build up the Church. You choose a service project within the parish in which to participate. Once you have served, you will fill out and hand in a Service Reflection Sheet (found in this packet.)



*“Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.”*

*Matthew 25:40*



In preparing to receive the sacrament of Confirmation, candidates learn to live the gospel message by reaching out to serve those in need. Including family members or fellow students in your project builds unity and can be a source of joy while you work. Once the service is completed, ask the supervisor to verify the hours served by signing the Service Project reflection page included in this binder. Reflect and write about your experience using the reflection page.

Candidates and their families are responsible for seeking out, choosing, and signing up for service activities. We have created a list of suggestions on the following pages, but you are not limited to these choices. We encourage candidates to try to find a project or population to serve that they think they may be interested in continuing to work with after their Confirmation. All are called to develop their gifts and talents to put them at the service of the common good, and the commitment to follow this call is strengthened in our Confirmation. Service provides opportunity for forming relationship with the people we serve and the people we serve alongside, which serves to form us all more deeply into one human family, one body in Christ.

See the following pages for options inside the parish—each suggestion provides a point of contact for you to get started.

### OPPORTUNITIES:

#### Youth Choir

Ongoing

- Open to young singers and instrumentalists from 3rd through 12th grades. Rehearses each Tuesday in the music room and sings at the 9:00 am Mass every 2nd and 5th Sunday as well as Christmas, Easter, First Communion and other special liturgies. If you are interested in being part of the youth choir at the 9am mass or the newly forming teen choir at the Sunday 5pm Mass.
- **Please call or email Amy Massey at 301-924-3838 extension 215 or email [music@mothersetonparish.org](mailto:music@mothersetonparish.org) for more information.**

## Children's Liturgy of the Word

Ongoing

- 2 students are needed to help each Sundays at 8:30 am with Children's Liturgy of the Word to set up chairs and tables, after which these students can choose to leave, or choose to stay for the 9:00 Mass to help the Leaders with the children. For chair set up, the students will receive one service hour. If students stay to help with the children during Mass, they will receive two service hours total. (Parents must bring the students into the John Paul II room and stay with them until a Children's Liturgy of the Word leader shows up. The leader and parent must communicate when and where the student should be picked up, depending if they just set up and/or set up and help at Mass.)
- ***Please contact Joan Gerard to be scheduled: joaniearc@verizon.net.***

## Altar Serving

Ongoing

- If you are already an altar server, you can count your time serving at mass towards your parish service hours. If you are interested in becoming an altar server at our weekend masses,
- ***Please email Father Ben at benjamin.agd@gmail.com***

## Church Cleaningz

Fall and Spring

- Help is needed to polish pews, clean between the pews, sweep and dust. Dates: Nov 10th and April 6th (9:30am-1pm)
- ***Please contact Dorette Paulin at dcpaulin@verizon.net***

## Adaptive Needs Ministry Teen Mentor

October - April

- The Adaptive Finding God program is in need of 2-3 more teens to help with our program. The teens will be assigned to a student with special needs to help build and grow their faith and your own. You will help the catechist teach the lesson (which will be all prepared) and fill in when the catechist can't be there. We meet Saturday mornings approximately every other Saturday. Your time commitment is from 8:30-10:30 each time we meet, must commit for the whole school year. We started meeting in September and go through April. If you have a heart and desire to volunteer for this program:
- ***Please contact Mary Beth DeLuzio at coordinator@mothersetonparish.org or call 301.924.3838 extension 234.***

### All Saints International Festival

Saturday-Sunday, Nov 3rd-4th

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- 10 students are needed to help set up on Saturday, November 3rd at 8:30 p.m.-9:30p.m. in parish center. Festival is November 4th. 8 students are needed during the festival from 12:30 pm to 3:30 pm. 10 students are needed to help clean up after the International Festival in the Parish Center at 3:30 pm to 5:00 pm on the 4th. In total 28 students are needed.
- ***Please contact Juliana at [reled@mothersetonparish.org](mailto:reled@mothersetonparish.org) or call 301.444.3496 to sign up***

### Cheesecake Distribution

Sunday, Nov 18

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- Please come and help distribute cheesecakes for our cheesecake fundraiser. We will 10 volunteers, time committment is 9am-1pm. Parents are welcomed too!
- ***Please contact Ms. Dominique Seraphin at 301-444-3495.***

### Christmas Carols at Mother Seton Shrine

Dec 16

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- Trip to the Mother Seton Shrine in Emmitsburg, Maryland. We will need 10+ volunteers to narrate and sing Christmas carols in Emmitsburg for the sisters at the Mother Seton Shrine in Emmitsburg. The event itself is at Mother Seton Shrine on Dec 16 (arrive at 2pm). But there are also rehearsals for this event on three Saturdays in December, the 1st, 8th, and 15th, from 10:30-12:30pm in the music room here at Mother Seton.
- ***Please contact Dorette Paulin at [dcpaulin@verizon.net](mailto:dcpaulin@verizon.net)***

### First Reconciliation Retreat

Saturday, Jan 19

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- We need 10+ students to help out with set up, taking the children around, and cleaning up for our First Reconciliation retreat. Time committment will be from 8:30am-1pm.
- ***Please contact Mary Beth DeLuzio at [coordinator@mothersetonparish.org](mailto:coordinator@mothersetonparish.org) or call 301.924.3838 extension 234.***

### Black History Program

Sunday, Feb 24

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- Black History Celebration. 1:30 – 4:30 p.m. Parish Center. Children hand out programs, help set and clean up the room.
- ***Please contact Dorette Paulin at [dcpaulin@verizon.net](mailto:dcpaulin@verizon.net) for more information.***

- We need 10+ students to help out with set up, taking the children around, and cleaning up for our First Communion retreat. This will be from 8:30am-1pm.
- **Please contact Mary Beth DeLuzio at [coordinator@mothersetonparish.org](mailto:coordinator@mothersetonparish.org) or call 301.924.3838 extension 234.**



*“Open our eyes to the needs of our brothers and sisters;  
Inspire in us words and actions to comfort those  
who labor and are burdened. Make us serve them truly,  
After the example of Christ and at his command.  
And may your Church stand as a living witness  
to trust and freedom, to peace and justice,  
that all people may be raised up to a new hope.”*  
*-Eucharistic Prayer for Use in Masses for Various Needs IV*



# Corporal Works of Mercy Service Project

## Service Reflection

1. As Christians we are called to serve others. Your Service Project should reflect the mission of the Church in its care and concern for those in need based upon the seven Corporal Works of Mercy.

To feed the hungry  
To give drink to the thirsty  
To clothe the naked  
To shelter the homeless  
To visit the sick  
To visit the imprisoned  
To bury the dead

**Example:** Making a meal or casserole for S.O.M.E., sponsoring a neighborhood or school clothing drive, visiting the elderly, sponsoring a food drive, etc.

2. Please complete the following information and questions upon completion of each project. Turn in one form for each organization you serve.

Date of service \_\_\_\_\_ No. of hours of service \_\_\_\_\_

Organization or person you are serving: \_\_\_\_\_

Description of service provided: \_\_\_\_\_

\_\_\_\_\_

Why did you choose this service project? \_\_\_\_\_

\_\_\_\_\_

What was the easiest and hardest part of serving others? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Signature of responsible official** \_\_\_\_\_

PRINTED: Candidate Name \_\_\_\_\_





# Family Mass Log

For Parents to Complete

Attending mass together is a powerful way that parents demonstrate to their children the importance that they place on obedience to Christ's commands. If a parent wants their teen to know the beauty of the Eucharist and the significance of participation in a community of faith, that behavior must be modeled in a sincere way.

Below you will find a Mass Log. Parents, please keep this log to keep track of your family's mass attendance. Work hard as a family this year to make mass a priority. In the time leading up to Sunday, plan for how to work around scheduling difficulties. After mass, discuss the readings and/or homily together. Make mass an intentional moment of worship in your family's week. Your teen will notice.

<b>Your Candidate's Mass Attendance</b>		
<b>Weekend</b>	<b>Which Mass Was Attended</b>	<b>Who Was the Presiding Priest</b>
<b>Oct 13-14</b>		
<b>Oct 20-21</b>		
<b>Oct 27-28</b>		
<b>Nov 1</b>	(All Saints Day)	
<b>Nov 3-4</b>		
<b>Nov 10-11</b>		
<b>Nov 17-18</b>		
<b>Nov 24-25</b>		
<b>Dec 1-2</b>		
<b>Dec 8</b>	(Solemnity of Immaculate Conception)	
<b>Dec 8-9</b>		
<b>Dec 15-16</b>		
<b>Dec 22-23</b>		
<b>Dec 25</b>	(Christmas)	
<b>Dec 29-30</b>		
<b>Jan 1</b>	(Solemnity of Mary)	
<b>Jan 5-6</b>		
<b>Jan 12-13</b>		
<b>Jan 19-20</b>		
<b>Jan 26-27</b>		
<b>Feb 2-3</b>		
<b>Feb 9-10</b>		
<b>Feb 16-17</b>		
<b>Feb 23-24</b>		

<b>Mar 2-3</b>		
<b>Mar 9-10</b>		
<b>Mar 16-17</b>		
<b>Mar 23-24</b>		
<b>Mar 30-31</b>		
<b>Apr 6-7</b>		
<b>Apr 13-14</b>		
<b>Apr 20-21</b>		
<b>Apr 27-28</b>		
<b>May 4-5</b>		
<b>May 11-12</b>		

**“Take this and eat it, all of you”; communion (CCC 1384-1387)**

*1384 The Lord addresses an invitation to us, urging us to receive him in the sacrament of the Eucharist: "Truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you." (Jn 6:53)*

*1385 To respond to this invitation we must prepare ourselves for so great and so holy a moment. St. Paul urges us to examine our conscience: "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself." (1 Cor. 11:27-29) Anyone conscious of a grave sin must receive the sacrament of Reconciliation before coming to communion.*

**The Sunday obligation (CCC 2180-2182)**

*2180 The precept of the Church specifies the law of the Lord more precisely: "On Sundays and other holy days of obligation the faithful are bound to participate in the Mass." ...*

*2181 The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin.*

*2182 Participation in the communal celebration of the Sunday Eucharist is a testimony of belonging and of being faithful to Christ and to his Church. The faithful give witness by this to their communion in faith and charity. Together they testify to God's holiness and their hope of salvation. They strengthen one another under the guidance of the Holy Spirit.*