

CONFIRMATION BOOKLET

THIS BOOKLET IS DUE

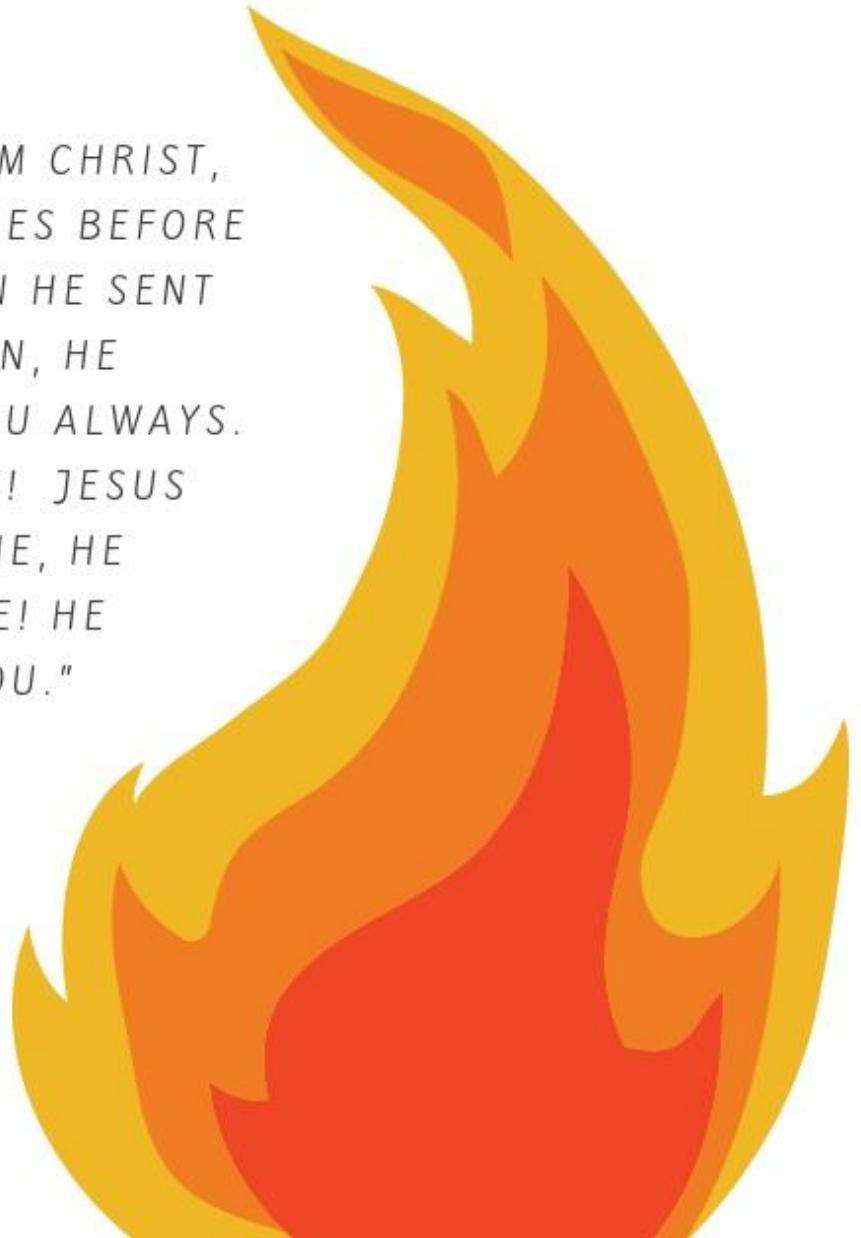
MARCH 25-27

BRING IT TO CLASS OR DROP IT OFF AT
THE FAITH FORMATION OFFICE
ON OR BEFORE THOSE DATES.

"DO NOT BE AFRAID!
WHEN WE GO TO PROCLAIM CHRIST,
IT IS HE HIMSELF WHO GOES BEFORE
US AND GUIDES US. WHEN HE SENT
HIS DISCIPLES ON MISSION, HE
PROMISED: I AM WITH YOU ALWAYS.
AND THIS IS TRUE FOR US! JESUS
DOES NOT LEAVE US ALONE, HE
NEVER LEAVES YOU ALONE! HE
ALWAYS ACCOMPANIES YOU."

—POPE FRANCIS
SPEAKING TO
YOUNG PEOPLE

2018-2019



Confirmation Booklet

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Candidate Information Form

Complete and return along with the entire completed Confirmation Booklet by March 25-27, 2018.

Candidate Name: _____

Address: _____

School: _____

Confirmation Name

Saint's name chosen for Confirmation: _____

(The name you have chosen should also be the saint you researched for your Saint Report, no exceptions. **The Bishop will confirm you with this name!** Make sure your spelling is correct. For more information on choosing a saint, see "Choosing a Confirmation Name" on pages 14-15.)

Sponsor Information

Sponsor Requirements:

- Sponsors must be at least sixteen years old.
- Must be baptized, received First Holy Communion, confirmed and in good standing with the Catholic Church
- Must be a practicing Catholic – participating in Mass and the sacraments each week.
- Must be willing to support the person to be confirmed in their commitment to Christian Life
- Cannot be a parent
- All Sponsors, including Mother Seton parishioners, must obtain a Certificate of Eligibility from the parish in which they are registered.

Sponsor Name: _____

Sponsor Address: _____

Sponsor Parish: _____

Address of Parish: _____

Parent Signature _____

Due Date: March 25-27, 2018

Choosing a Confirmation Name

IN SHORT

You will choose a Confirmation saint who will become your heavenly Patron and whose name will be used in your Confirmation. Once you have chosen your Confirmation name, note the name on page 13 and complete the Saint Report, page 16.

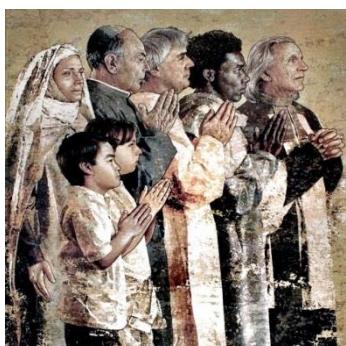


"I have called you by name; you are Mine"

Isaiah 43:1



Your name was spoken aloud on the day of your Baptism and it became part of your identity as God's child and a member of the Catholic Church. A great deal of thought went into your parents' choice in naming you. You may be named after a relative, a special family friend, or a saint your parents greatly admire. Now that you are becoming confirmed, you have the opportunity to think in a new way about your name and how it relates to your decision to be confirmed.



In both the Old and New Testament, when God had a **new mission** for someone, He often gave them a **new name**. Even without a new name, your name has always told others who you are. God calls on each of us to fulfill a special mission. It may be witnessing to non-believers about Jesus Christ, helping the poor, being a peacemaker, entering a religious vocation, or one of many other callings. Confirmation may be the continuation of a mission direction you began at Baptism or the beginning of a new mission. Our missions may be expressed in different ways; therefore there are **two options when deciding on a Confirmation name:**

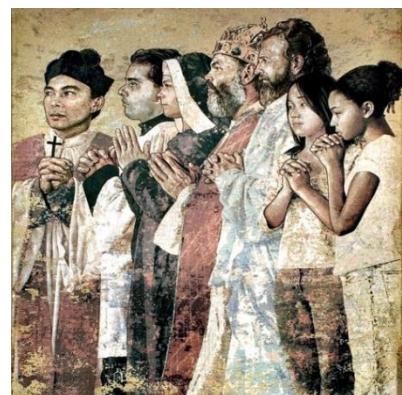
First Option - Because Confirmation is the strengthening of the work that God began in your life at your Baptism, you may consider using your Baptismal name (your "first name" that your parents gave you) for Confirmation. This shows the integral link between Baptism and Confirmation (note: this applies only if your Baptismal name was a Saint's name.)

Second Option – Perhaps you see Confirmation as the beginning of a new phase of mission for you and a fresh beginning in your faith journey. Then you may choose a new name for Confirmation. Your Confirmation name should be that of a saint you admire or the saint name of someone you know and look up to as a Christian role-model.

Frequently Asked Questions

Do I have to choose a saint that is the same gender as I am? No, you can choose a male saint or a female saint regardless of your own gender.

What if I can't find the canonization date for the saint I've chosen? The saint you choose must be a Canonized Saint in the Roman Rite. Some saints will have "pre-congregation" listed instead of a canonization date. This means that the saint was recognized as a Catholic saint before the Church developed her current model for canonization. In this case, write "pre-congregation" as the canonization date. If you cannot find this date for your saint please contact us for guidance.



Helpful Hints



First...PRAY! Just as you should pray about any decision, ask the Holy Spirit to guide you as you choose a saint. Ask: Where should I begin to choose a Confirmation name?

"For everyone who asks, receives; and he who seeks, finds; and to him who knocks, it will be opened." Luke 11:10

Remember,
your Confirmation name is the

1. **name of a saint**
and should
2. **reflect your closer identification as a member of the Catholic Christian community.**

So, you can choose...

... to use your given baptismal name (if it is the name of a saint.)

... a new name.
Whose holiness would you like to strive to emulate?

 The name you select can be associated with someone in your life, your family, your parish, or your community whom you respect and admire.

 The name you select can be a saint you have researched and feel a connection to based on his/her patronage, qualities, and/or life story.

Some Confirmation candidates select a name from a parent or grandparent, honoring them for their example of love and holiness.

Some candidates select the name of their Confirmation sponsor, or the saint their sponsor chose when he/she was confirmed.

There are a variety of books depicting the lives of the saints and a book is a great place to start! Check the library or borrow one of ours!

 Research the saints online! A list of websites that can help can be found below. Remember to be mindful of using reputable sources.

Sites for Research

www.catholicsaints.info
www.catholic.org/saints

www.americancatholic.org/features/saints/patrons.asp
www.Catholic-forum.com/indexsnt.htm

Once you have chosen your Confirmation Saint

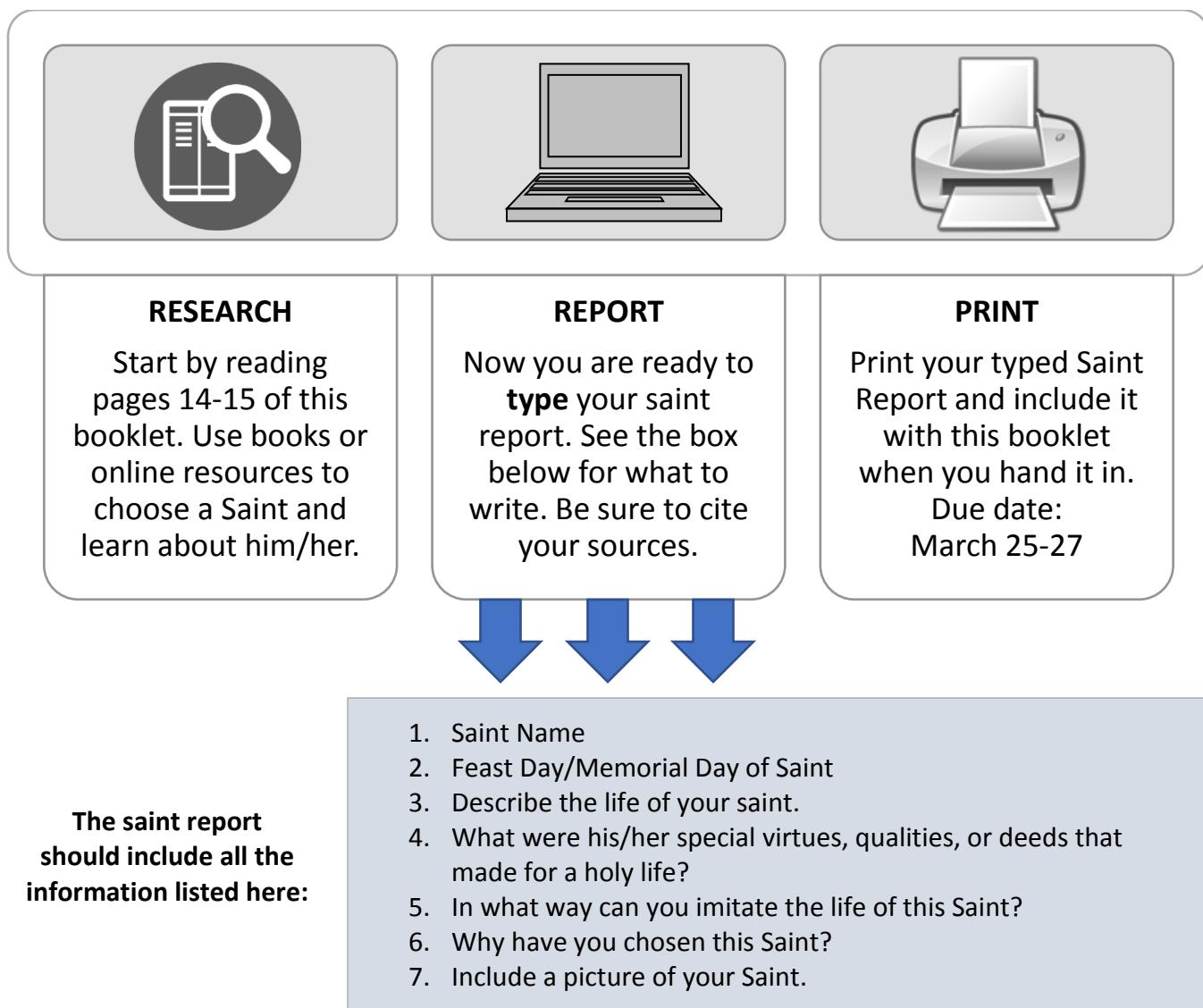
- ➊ **Complete your saint report.** The instructions are on the following page.
- ➋ **Spend time in prayer with your Saint.** Your confirmation saint is your heavenly sponsor; so just like your earthly sponsor, your saint should play a role in your preparation. Ask him/her for guidance and to intercede for you. You may also seek out more information about your saint, like an autobiography or a specific prayer associated with him/her. Come to know that saint as if s/he were an old friend.

Saint Report

All Saint Reports Must Be Typed

Because of their holy witness to us during their life, the Church recognizes the saints as extraordinary examples of Christianity. The saints continue to assist us through their intercession as we journey through this pilgrim life on earth. Their help can lead us through the difficulties and joys of daily living—our occupation, sufferings, relationships, decisions, and charity to others.

Write a report on the saint you have chosen as your Patron Saint for Confirmation. (See pages 14-15 for help choosing your Saint name.)



Sources for your Report:

The websites listed on page 15 can be a good resource for information and a tool to help you choose a patron. In addition, the Faith Formation Office and Religion Room have many books about the saints to assist in this task. When writing your report, be sure to cite the sources you have used in your research. When quoting an author or website, give credit where it is due by using quotation marks.

Choosing a Sponsor

IN SHORT

You will choose a qualified sponsor with whom you will meet regularly as part of your prep, discussing and completing the Faith Sharing Activities on pg 21-26. Your sponsor will complete a form to verify they meet qualifications.



Insofar as possible, there is to be a sponsor for the person to be confirmed; the sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.

Code of Canon Law 892



What does the sponsor do?

This person is a representative of the whole Church into which the candidate is being confirmed, serves as a witness for the Church, and companions the candidate on his/her faith journey. Your sponsor will bring you forward to receive the sacrament, present you to the Bishop for anointing, and will later help you to fulfill your baptismal promises faithfully through the Holy Spirit whom you have received.

Thus, it is recommended that the sponsor be able to meet regularly with you, spend time building a bond, help you prepare for the sacrament through prayer, study, service and discussion and be in physical attendance at rehearsal and the confirmation liturgy. Part of this preparation together will include the **Student & Sponsor Faith Sharing** activities that are found on pg 19-25. Arrange some time to spend with your sponsor for these activities—a special time during a family event, a hike or walk, a phone conversation, a ball game, lunch, etc. Spend time discussing the questions with your sponsor and record what you have discussed. These must be done together, they are not for your sponsor to fill out.

What are the qualifications of a sponsor?

The confirmation sponsor must be a baptized, confirmed, practicing Roman Catholic and should be a person who can serve as a strong role-model of an active, Spirit-filled Catholic. Pastors are charged with the responsibility of seeing that the sponsors of our candidates are of adequate maturity and Catholic formation to take on this responsibility.

A sponsor must be:

- ⌚ of sufficient maturity to fulfill this role (at least 16 years old)
- ⌚ a practicing Roman Catholic who has been baptized, confirmed and received the sacrament of First Holy Communion. He/She should participate in the celebration of the Eucharist each week
- ⌚ fulfilling their own baptismal promises by living the Christian life of faith and morals, guided by the teachings of the Catholic Church
- ⌚ be in good standing with the church and not prohibited by [church] law from exercising the role of sponsor (ex. irregular marriage)
- ⌚ not be a parent of the Confirmation candidate

The form your sponsor will fill out will ask him/her to review and check off these qualifications. The form is included at the end of this booklet.

Things to think about before you ask someone to be your sponsor:

TIP #3

Your sponsor is *your* choice. Think of someone that you respect and who actively lives out the beliefs of our Catholic faith—someone with a relationship with Christ that you would hope to learn from.

TIP #6

After you receive the Sacrament of Confirmation your relationship with your sponsor *does not end!* You both are called to lead each other closer to God, to continue to grow in knowledge of your faith, and to challenge one another to lead lives of holiness and service.

TIP #1

Your sponsor should be someone who, through his/her example, shows you what it means to be Catholic.

TIP #2

Your sponsor should be someone that you trust and feel comfortable turning to for help, advice and guidance, especially in regard to your spiritual life.

TIP #4

Your sponsor should be willing and able to take an *active role* in your preparation for Confirmation.

TIP #5

It is recommended (though not required) that the sponsor be a baptismal godparent of the confirmation candidate. This most fully expresses the integral connection between Baptism and Confirmation. Would your godparent be a fitting choice?

TIP #7

PRAY! Spend some time asking God for guidance on who to choose as your sponsor.

Frequently Asked Questions

- ⌚ Can I have more than one sponsor? No, there is one sponsor for each person confirmed.
- ⌚ What if my sponsor cannot make it to Confirmation? Attendance by proxy is allowed in certain situations, such as the sponsor living out-of-town and being unable to travel to the celebration. Requests for proxy should be directed to the parish Director of Religious Education.

Once you have chosen your Sponsor

Once you know who you would like to have as your Confirmation Sponsor, find a personal time to ask him or her. If he/she says yes, be sure to:

- ⌚ Give them the **Sponsor Form** (found on page 19 and on our website, due by March 25, 2019.)
- ⌚ Give them the **Chosen Sponsor Book**
- ⌚ Tell them the **DATE and TIME for Confirmation**: Saturday, May 18, 2019 at 11am. Also tell them about the **Confirmation Rehearsal** that we ask they attend, May 15, 2019 at 7pm.
- ⌚ Schedule time when you can **start meeting together**.
 - The pages you will use for your time together are on the next pages of this booklet.
 - Do not complete all the sharing activities at once. The pages are split into 3 activities so they can be completed during at least 3 meetings/conversations between you and your sponsor. Feel free to meet more often than that, just don't rush through the activities.

Sponsor Eligibility Form

Mother Seton Parish Confirmation, 2019

| | |
|--|---------------------------------|
| CANDIDATE'S FULL NAME | CANDIDATE'S DATE OF BIRTH |
| | |
| SPONSOR'S FULL NAME | SPONSOR'S PHONE # |
| | |
| SPONSOR'S ADDRESS (Street, City, State, Zip) | |
| | |
| RELATIONSHIP TO CANDIDATE | NAME OF SPONSOR'S PARISH |
| | |
| SPONSOR'S PARISH CITY + STATE | NAME OF SPONSOR'S PARISH PASTOR |
| | |

Any child or adult seeking Confirmation needs a **SPONSOR**. In baptism Sponsors are often called "Godparents". In Confirmation they are often called Sponsors. **PARENTS ARE NOT ELIGIBLE TO BE SPONSORS FOR THEIR OWN CHILDREN.** A Sponsor is someone of strong faith in the Catholic tradition. S/he must be willing to make a commitment to the candidate for a sacrament, and guide that candidate in the area of spirituality. **A Sponsor must be at least 16 years old, and must be baptized, received First Holy Communion and confirmed in the Catholic Church, if married, the marriage must be recognized by the Catholic Church and the sponsor must be in right relationship with the Catholic Church.** This means that the Sponsor is registered in a parish, attends Mass and receives the sacraments regularly, and is able to share his/her faith openly and honestly with the candidate. A Sponsor does not have to be a member of this parish, or live in the local area. The Sponsor should be present at the Confirmation, but if this is not possible, a proxy may "stand in" for the Sponsor. If the Sponsor is not a registered member of this parish, his/her pastor must sign this form before it is returned to our office. **A CANDIDATE CAN NOT CELEBRATE THE SACRAMENT IN OUR PARISH WITHOUT THIS FORM COMPLETED.** This means that the form **MUST BE SIGNED AND SEALED BY THE SPONSOR'S PARISH.**

I AFFIRM THAT, BY MY SIGNATURE, I AM ATTESTING TO THE TRUTH OF ALL THESE STATEMENTS.

Sponsor _____ /
Signature

Date

Seal from Sponsor's Parish

PASTOR'S ATTESTATION:

I DECLARE THAT THE ABOVE NAMED SPONSOR IS A BAPTIZED AND CONFIRMED CATHOLIC, AT LEAST SIXTEEN YEARS OLD, IN RIGHT RELATIONSHIP WITH THE CHURCH, THEIR MARRIAGE IS VALID IN THE CATHOLIC CHURCH AND IS A REGISTERED MEMBER OF THE ABOVE NAMED PARISH.

Pastor _____ /
Signature

Date



DUE: MARCH 25, 2019. PLEASE RETURN TO MSP FAITH FORMATION OFFICE

Student & Sponsor Faith Sharing

1/3

Arrange some time to spend with your sponsor—a special time during a family event, walk, phone conversation, ball game, lunch, etc. Spend time discussing the questions with your sponsor and record their responses below.

(This is an activity to be completed *together*, do not give this sheet to them to fill out.)

What does being a sponsor mean to you?

Were you raised a Catholic or are you a convert to the Catholic Faith?

What is it about the Catholic faith that is most important to you?

If you are a convert, what made you decide to become a Catholic?

How were you involved in your church when you were a teenager?

What faith experiences have meant the most to you in your life?

PRAYER (questions for sponsor *and* candidate)

When do you pray?

Sponsor

Candidate

What does prayer mean to you?

Sponsor

Candidate

How will you try to grow in your prayer life? (Be specific, but realistic. Don't try to do too much then give up.)

Sponsor

Candidate

CREED

Every week we make a profession of faith at Mass in the words of the Nicene Creed. The Creed contains the beliefs of our faith. Read over the Creed together. (Continued on next page)

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Why are these beliefs important to you?

Sponsor

Candidate

Student & Sponsor Faith Sharing

2/3

Arrange some time to spend with your sponsor—a special time during a family event, walk, phone conversation, ball game, lunch, etc. Spend time discussing the questions with your sponsor and record their responses below.

(This is an activity to be completed *together*, do not give this sheet to them to fill out.)

What name did you (sponsor) choose for Confirmation?

Why did you choose that saint?

Since that is your personal patron saint, do you (sponsor) ever pray to them to intercede for you?

Who was a model of faith for you in your life and why?

When has it been difficult for you to live your faith?

What does it mean to give witness of your Christian faith to family members, friends, or to the community? How do you do this?

PRAYER

We sometimes speak of four ACTS of prayer.

| | | |
|----------|--------------------------|---|
| A | Adoration or love | We express our love for God. |
| C | Contrition or sorrow | We express sorrow for our sins and ask forgiveness. |
| T | Thanksgiving | We thank God for His many blessings. |
| S | Supplication or response | We ask for His help and guidance. |

A healthy prayer life includes all these approaches. Examine your prayer life. What approach do you use most often? Least often?

Sponsor

Candidate

Student & Sponsor Faith Sharing

3/3

Arrange some time to spend with your sponsor—a special time during a family event, walk, phone conversation, ball game, lunch, etc. Spend time discussing the questions with your sponsor and record their responses below.

(This is an activity to be completed *together*, do not give this sheet to them to fill out.)

In addition to the Commandments, Catholics are called to obey the precepts (laws) of the Church. List the precepts of the Church. Then discuss these with your sponsor.

PRAYER

3/3

continued

The prayer given to us by Jesus is the *Our Father*, the Lord's Prayer.

It is a prayer of love and unity, of sorrow for sin, and of gratitude for God's mercy. Write the Lord's Prayer below and after each phrase pause and think about the meaning. Then write a thoughtful response after each phrase.

End by praying the *Our Father* together.

Letter of Request to the Bishop

IN SHORT

You will write a formal letter to the Bishop who will preside over our Confirmation Mass. Your letter will introduce yourself, discuss your preparation, and request to receive the sacrament.

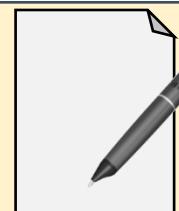
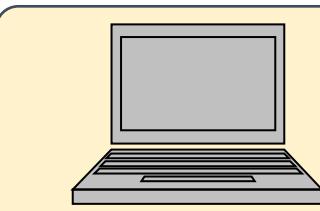


*You will receive power
when the holy Spirit comes upon you,
and you will be my witnesses in Jerusalem,
throughout Judea and Samaria,
and to the ends of the earth."*

Acts 1:8



Candidates are required to **TYPE** a formal letter to the Bishop requesting reception of the sacrament of Confirmation. We have provided an outline on the next page for writing a formal letter to the Bishop who will be administering the sacrament. The letters will be sent as a group to the Archdiocese and are due with the rest of the booklet on **March 25-27, 2019**.



Type your letter:
you will see
guidelines for the
format and
suggestions for the
content on the next
page of this booklet.

Please be sure your
letter prints neatly.
Consider using a
higher quality or
more special paper
than simple
computer paper.

You must sign your
letter in ink before
turning it in to us.
Make sure your
name is also typed
beneath your
signature.

[*What do we mean by "cc:" at the bottom of the outline?* By "copying" Fr. Lee, Mrs. Seraphin, and Mrs. McTighe, you are indicating that you understand all of these people may review your letter. You do not need to submit more than one physical copy of your letter.]

Outline to follow for your Letter to the Bishop

Heading

In the top left corner of your page put:

*Most Reverend [Bishop's First and Last Name]
Archdiocese of Washington*

Greeting

Begin with the greeting: *Dear Most Reverend [Bishop's First and Last Name],*

Body

Write to the Bishop with seriousness and respect---but also write from your heart.

The body of your letter should include:

- A brief introduction, a little about yourself and your family
- An expression that receiving the Sacrament of Confirmation is your desire
- The ways that you have prepared for the sacrament: your prayer life, service projects, participation in the sacraments (going to mass, confession)
- Who your confirmation saint is and why you are choosing him/her
- The conclusion should tell how you plan to live out your faith in the future.

Signature

To end your letter write "Yours Respectfully," then leave a space for your handwritten signature. Finally, type the following:

*[Your full name]
Mother Seton Parish*

*cc: Father Lee Fangmeyer
Mrs. Dominique Seraphin
Mrs. Cathy McTighe*

Reminder:
Must be turned in
as a hard copy.

**This letter is due by
March 25-27, 2019.**

Catholic Faith Questions

1/5

Complete during Religious Education or at home.

1. What is the name of our archbishop?
2. What is the name of our current pope?
3. What is the full name of our pastor (first and last name)?
4. What promise did Jesus make to His apostles before He returned to His Father in Heaven?
5. What happened on Pentecost?
6. How is your Confirmation similar to Pentecost?
7. What does the Holy Trinity mean?

Catholic Faith Questions

Complete during Religious Education or at home.

1. Please list all the Mysteries of Rosary (Hint: 20 mysteries total)

2. What is the definition of a sacrament?

3. Name the seven sacraments.

Catholic Faith Questions

Complete during Religious Education or at home.

1. Name the three sacraments of initiation.
2. Which sacraments can be received only once?
3. What is the name of the holy oil used in anointing?
4. Which sacrament(s) are you anointed with Chrism?
5. What does the anointing with Chrism signify?
6. What does the seal of Confirmation mean?
7. Name the seven Gifts of the Holy Spirit.
8. Name the 12 Fruits of the Holy Spirit.

Catholic Faith Questions

4/5

Complete during Religious Education or at home.

1. To whom were the Ten Commandments given, where and when?

2. What is sin?

3. What is mortal sin (three characteristics)?

4. What is venial sin?

5. Name the 7 deadly sins.

6. What is virtue?

7. Name the 3 theological virtues

8. Name the 4 cardinal virtues.

Catholic Faith Questions

5/5

Complete during Religious Education or at home.

1. What are the two main parts of the Mass?

2. What does transubstantiation mean?

3. When during the Mass are the bread and wine changed into the Body and Blood of Jesus Christ?

4. Name the two sacraments that Jesus instituted at the Last Supper?

5. What do Catholics believe about the Eucharist?

6. What are the two conditions necessary in order to receive the Eucharist?

Corporal Works of Mercy Service Projects

IN SHORT

Following the example of Christ we are called to love, to serve, and to build up the Church. You will serve 10 hours of community service (at least 5 hours within Mother Seton Parish, and at least 5 in the community.) For each service activity you complete, you will fill out and hand in a Service Reflection Sheet (found in this booklet.)

“Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.”

Matthew 25:40

In preparing to receive the sacrament of Confirmation, candidates learn to live the gospel message by reaching out to serve those in need. Including family members or fellow students in your project builds unity and can be a source of joy while you work. The service component is a two-pronged approach: service within the parish and service in the community. **Candidates are asked to serve at least 10 hours – 5 within the parish and 5 hours in the community.** Once the service is completed, ask the supervisor to verify the hours served by signing the Service Project reflection page included in this binder. Reflect and write about your experience using the reflection page. Here are a few suggestions that may be helpful when considering a service project.

SERVE Candidates are asked to serve at least 10 hours—5 within the parish and 5 hours in the community. See below for suggested service activities.

FILL OUT FORM For each and every service activity, you must complete a Service Project reflection sheet (found in this booklet.)

GET IT SIGNED Once the service is completed, ask the supervisor to verify the hours served by signing the Service Project reflection page that you filled out.

REPEAT Repeat the process until you have served 10 hours total and completed forms for all the hours served.

Candidates and their families are responsible for seeking out, choosing, and signing up for service activities. We have created a list of suggestions on the following pages, but you are not limited to these choices. We encourage candidates to try to find a project or population to serve that they think they may be interested in continuing to work with after their Confirmation. All are called to develop their gifts and talents to put them at the service of the common good, and the commitment to follow this call is strengthened in our Confirmation. Our service, within the parish and outside of it, also provides opportunity for forming relationship with the people we serve and the people we serve alongside, which serves to form us all more deeply into one human family, one body in Christ.

See the next page for options inside the parish and in the community. Each suggestion provides a point of contact for you to get started.

PARISH Opportunities

Corporal Works of Mercy Service Projects

Youth Choir

Ongoing

- Open to young singers and instrumentalists from 3rd through 12th grades. Rehearses each Tuesday in the music room and sings at the 9:00 am Mass every 2nd and 5th Sunday as well as Christmas, Easter, First Communion and other special liturgies. If you are interested in being part of the youth choir at the 9am mass or the newly forming teen choir at the Sunday 5pm Mass.
- **Please call or email Amy Massey at 301-924-3838 extension 215 or email music@mothersetonparish.org for more information.**

Children's Liturgy of the Word

Ongoing

- 2 students are needed to help each Sundays at 8:30 am with Children's Liturgy of the Word to set up chairs and tables, after which these students can choose to leave, or choose to stay for the 9:00 Mass to help the Leaders with the children. For chair set up, the students will receive one service hour. If students stay to help with the children during Mass, they will receive two service hours total. (Parents must bring the students into the John Paul II room and stay with them until a Children's Liturgy of the Word leader shows up. The leader and parent must communicate when and where the student should be picked up, depending if they just set up and/or set up and help at Mass.)
- **Please contact Joan Gerard to be scheduled: joaniearc@verizon.net.**

Altar Serving

Ongoing

- If you are already an altar server, you can count your time serving at mass towards your parish service hours. If you are interested in becoming an altar server at our weekend masses,
- **Please email Father Ben at benjamin.agd@gmail.com**

Church Cleaningz

Fall and Spring

- Help is needed to polish pews, clean between the pews, sweep and dust. Dates: Nov 10th and April 6th (9:30am-1pm)
- **Please contact Dorette Paulin at dcpaulin@verizon.net**

PARISH Opportunities

Corporal Works of Mercy Service Projects

Adaptive Needs Ministry Teen Mentor

October - April

- The Adaptive Finding God program is in need of 2-3 more teens to help with our program. The teens will be assigned to a student with special needs to help build and grow their faith and your own. You will help the catechist teach the lesson (which will be all prepared) and fill in when the catechist can't be there. We meet Saturday mornings approximately every other Saturday. Your time commitment is from 8:30-10:30 each time we meet, must commit for the whole school year. We started meeting in September and go through April. If you have a heart and desire to volunteer for this program:
 - **Please contact Mary Beth DeLuzio at coordinator@mothersetonparish.org or call 301.924.3838 extension 234.**

All Saints International Festival

Saturday-Sunday, Nov 3rd-4th

- 10 students are needed to help set up on Saturday, November 3rd at 8:30 p.m.-9:30p.m. in parish center. Festival is November 4th. 8 students are needed during the festival from 12:30 pm to 3:30 pm. 10 students are needed to help clean up after the International Festival in the Parish Center at 3:30 pm to 5:00 pm on the 4th. In total 28 students are needed.
 - **Please contact Juliana at reled@mothersetonparish.org or call 301.444.3496 to sign up**

Cheesecake Distribution

Sunday, Nov 18

- Please come and help distribute cheesecakes for our cheesecake fundraiser. We will 10 volunteers, time commitment is 9am-1pm. Parents are welcomed too!
 - **Please contact Ms. Dominique Seraphin at 301-444-3495.**

Christmas Carols at Mother Seton Shrine

Dec 16

- Trip to the Mother Seton Shrine in Emmitsburg, Maryland. We will need 10+ volunteers to narrate and sing Christmas carols in Emmitsburg for the sisters at the Mother Seton Shrine in Emmitsburg. The event itself is at Mother Seton Shrine on Dec 16 (arrive at 2pm). But there are also rehearsals for this event on three Saturdays in December, the 1st, 8th, and 15th, from 10:30-12:30pm in the music room here at Mother Seton.
 - **Please contact Dorette Paulin at dcpaulin@verizon.net**

PARISH Opportunities

Corporal Works of Mercy Service Projects

First Reconciliation Retreat

Saturday, Jan 19

- We need 10+ students to help out with set up, taking the children around, and cleaning up for our First Reconciliation retreat. Time commitment will be from 8:30am-1pm.
- ***Please contact Mary Beth DeLuzio at coordinator@mothersetonparish.org or call 301.924.3838 extension 234.***

Black History Program

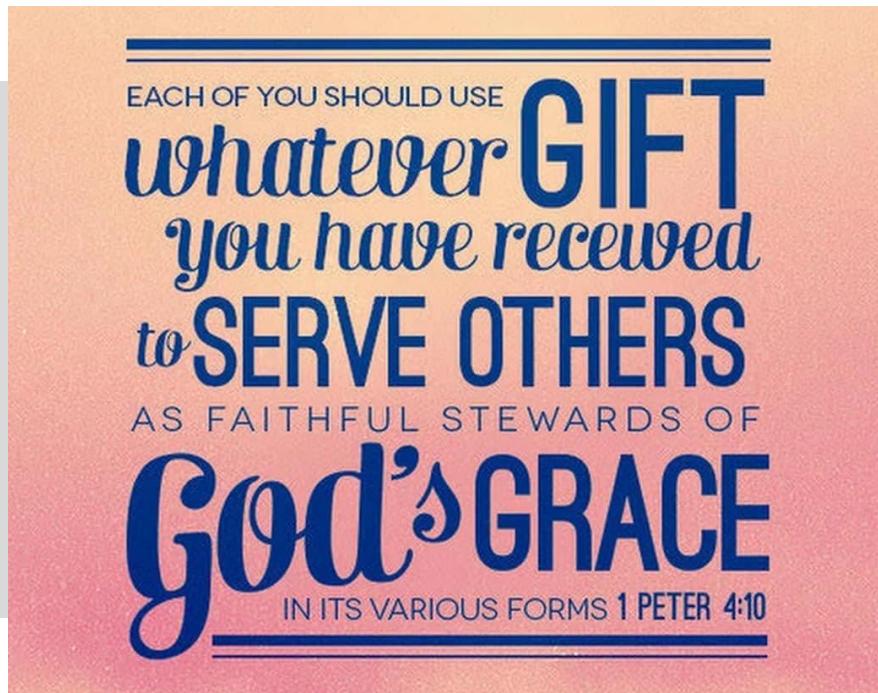
Sunday, Feb 24

- Black History Celebration. 1:30 – 4:30 p.m. Parish Center. Children hand out programs, help set and clean up the room.
- ***Please contact Dorette Paulin at dcpaulin@verizon.net for more information.***

First Communion Retreat

April 13

- We need 10+ students to help out with set up, taking the children around, and cleaning up for our First Communion retreat. Time commitment will be from 8:30am-1pm.
- ***Please contact Mary Beth DeLuzio at coordinator@mothersetonparish.org or call 301.924.3838 extension 234.***



COMMUNITY Opportunities

Corporal Works of Mercy Service Projects

Germantown Help

4th Weekend of Month

- Transport food donations from MSP for the monthly food drive to the HELP pantry located at Trinity Unity Methodist Church. Stock shelves and pack boxes at the pantry the 4th weekend of the month.
- **Contact Liza Oprandi at 301-924-3838 x204.**

Catholic Charities

Various Projects

- Catholic Charities is a good launching point to discover ways to serve in our area. One example: Coat Drive, donate coats and volunteer. Please email coats@catholiccharitiesdc.org or visit www.catholiccharitiesdc.org/coats for more information.
- www.catholiccharitiesdc.org

Other Service Resources

Montgomery County

- The Montgomery County Volunteer Center connects individuals and groups to ongoing service opportunities and one-time projects in our community.
- Visit: <http://www.montgomeryserves.org/>



*"Open our eyes to the needs of our brothers and sisters;
Inspire in us words and actions to comfort those
who labor and are burdened. Make us serve them truly,
After the example of Christ and at his command.
And may your Church stand as a living witness
to trust and freedom, to peace and justice,
that all people may be raised up to a new hope."*
-Eucharistic Prayer for Use in Masses for Various Needs IV



Service Project Log

Track Your Hours

A log is a record of one's achievement. Use this log to describe your activities and record your hours. Remember eighth graders must complete ten hours of community service. For each project you must complete one of the Corporal Works of Mercy Service Project Reflection Sheet.

| <u>PROJECT</u> | <u>DATE</u> | <u>HOUR</u> |
|----------------|-------------|-------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | Total Hours | |

Candidate NAME: _____

The time and activities listed above are accurately recorded.

Candidate Signature _____

Parent's Signature _____

Corporal Works of Mercy Service Projects

Service Reflection

- As Christians we are called to serve others. Your Service Project should reflect the mission of the Church in its care and concern for those in need based upon the seven Corporal Works of Mercy.

To feed the hungry
To give drink to the thirsty
To clothe the naked
To shelter the homeless
To visit the sick
To visit the imprisoned
To bury the dead

Example: Making a meal or casserole for S.O.M.E., sponsoring a neighborhood or school clothing drive, visiting the elderly, sponsoring a food drive, etc.

- Please complete the following information and questions upon completion of each project. Turn in one form for each organization you serve.

Date of service _____

No. of hours of service _____

Organization or person you are serving: _____

Description of service provided: _____

Why did you choose this service project? _____

What was the easiest and hardest part of serving others? _____

Signature of responsible official _____

PRINTED: Candidate Name _____

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Family Mass Log

For Parents to Complete

Attending mass together is a powerful way that parents demonstrate to their children the importance that they place on obedience to Christ's commands. If a parent wants their teen to know the beauty of the Eucharist and the significance of participation in a community of faith, that behavior must be modeled in a sincere way.

Below you will find a Mass Log. Parents, please keep this log to keep track of your family's mass attendance. Work hard as a family this year to make mass a priority. In the time leading up to Sunday, plan for how to work around scheduling difficulties. After mass, discuss the readings and/or homily together. Make mass an intentional moment of worship in your family's week. Your teen will notice.

| Your Candidate's Mass Attendance | | |
|----------------------------------|--------------------------------------|------------------------------|
| Weekend | Which Mass Was Attended | Who Was the Presiding Priest |
| Oct 13-14 | | |
| Oct 20-21 | | |
| Oct 27-28 | | |
| Nov 1 | (All Saints Day) | |
| Nov 3-4 | | |
| Nov 10-11 | | |
| Nov 17-18 | | |
| Nov 24-25 | | |
| Dec 1-2 | | |
| Dec 8 | (Solemnity of Immaculate Conception) | |
| Dec 8-9 | | |
| Dec 15-16 | | |
| Dec 22-23 | | |
| Dec 25 | (Christmas) | |
| Dec 29-30 | | |
| Jan 1 | (Solemnity of Mary) | |
| Jan 5-6 | | |
| Jan 12-13 | | |
| Jan 19-20 | | |
| Jan 26-27 | | |
| Feb 2-3 | | |
| Feb 9-10 | | |
| Feb 16-17 | | |
| Feb 23-24 | | |

| | | |
|------------------|--|--|
| Mar 2-3 | | |
| Mar 9-10 | | |
| Mar 16-17 | | |
| Mar 23-24 | | |
| Mar 30-31 | | |
| Apr 6-7 | | |
| Apr 13-14 | | |
| Apr 20-21 | | |
| Apr 27-28 | | |
| May 4-5 | | |
| May 11-12 | | |

“Take this and eat it, all of you”; communion (CCC 1384-1387)

1384 *The Lord addresses an invitation to us, urging us to receive him in the sacrament of the Eucharist: "Truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you." (Jn 6:53)*

1385 *To respond to this invitation we must prepare ourselves for so great and so holy a moment. St. Paul urges us to examine our conscience: "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself." (1 Cor. 11:27-29) Anyone conscious of a grave sin must receive the sacrament of Reconciliation before coming to communion.*

The Sunday obligation (CCC 2180-2182)

2180 *The precept of the Church specifies the law of the Lord more precisely: "On Sundays and other holy days of obligation the faithful are bound to participate in the Mass." ...*

2181 *The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin.*

2182 *Participation in the communal celebration of the Sunday Eucharist is a testimony of belonging and of being faithful to Christ and to his Church. The faithful give witness by this to their communion in faith and charity. Together they testify to God's holiness and their hope of salvation. They strengthen one another under the guidance of the Holy Spirit.*

*"Christ has confidence in young people
and entrusts them with the very future of his mission,
'Go and make disciples.'*

*Go beyond the confines of what is humanly possible
and create a world of brothers and sisters!
And young people have confidence in Christ:
they are not afraid to risk for him the only life they have,
because they know they will not be disappointed."*

-Pope Francis
at World Youth Day in 2013

